An Age Friendly Town is a one where the community understands and responds to the needs of older people.

Age Friendly Ireland
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Executive Summary

The 2011 census of Ireland revealed that 15% of the population of Leitrim was over the age of 65 and 33% was over the age of 50 reflecting the global trends highlighted by the World Health Organisation (WHO). The Irish initiative for responding to this demographic change is the Age Friendly Cities and Counties (AFCC) Programme, managed nationally by Age Friendly Ireland. The Age Friendly Town (AFT) programme is a key initiative under the AFCC programme to locally address environmental and social factors that contribute to active and healthy ageing. The AFT initiative is currently being piloted in eight different towns across Ireland, with two from each of the four regions. Mohill was chosen as the pilot town in Leitrim. The AFT initiative is collaboration between Age Friendly Ireland, participating Local Authorities and the Irish Planning Institute.

The facilitation of an Age Friendly Town Planning exercise in Mohill is one of the strategic actions laid out within the County Leitrim Age Friendly Strategy which was launched in March 2014. This strategy was developed following an intensive period of consultation with older people in the county including active age groups, community groups, minority groups and key agencies. This strategy, and the overall programme for the county is managed by the Leitrim Age Friendly County Alliance, a key stakeholder group made up of key decision makers from across the county.

Work on the preparation of the Mohill Age Friendly Town Plan began in April 2014. A number of methodologies were used including desk research and analysis of local population statistics, followed by the mapping of community infrastructure and assets. A series of consultation exercises was then carried out, involving a walkability audit following two different routes through Mohill followed by consultations with older people and key stakeholders.

AIM
The aim of the Age Friendly Town Initiative is to improve the quality of life of older adults living in Mohill by engaging them in shaping and enhancing their own community. This process involves profiling the local area, consulting with older people and key agencies, helping to develop an Age Friendly Town Plan and then engaging older people in the execution of the changes identified as needed.

KEY CONSULTATION FINDINGS
Mohill has a vibrant community infrastructure with most people interviewed referring to a strong sense of community. It has a very active and successful Tidy Towns
group, strong community network and good working relationships with many key stakeholders including Leitrim County Council. A considerable amount of improvement work has been carried out by the Council, informed by a Disability Audit carried out by Council staff and the 2007 Mohill Development Plan. Mohill has also benefitted from strong community development work carried by Leitrim Development Company and the work of the Leitrim Association of People with Disabilities (LAPWD).

However, a number of issues were identified from the analysis of the public walkability exercise and the feedback from stakeholder consultations. These issues will be used to inform future planning and identify areas of improvement. Specific actions leading to this long term improvement are laid out in this Mohill strategy along a range of achievable timelines.

Map of Leitrim showing Mohill in the south of the county, Carrick on Shannon the county town and other towns in Mohill (Figure 1)

(Figure 1: Map of County Leitrim which has a population of 31,798 AIRO Maps)
The Age Friendly Cities and Counties Programme (AFCCP) is an initiative of Age Friendly Ireland and is aligned to the World Health Organisations (WHO) Age Friendly Cities and Communities Programme. The programme was established in response to the ageing population of Ireland and a realisation that we need to start planning now for this unprecedented demographic shift.

Within Ireland, the programme has already been adopted by 24 counties, with the overall aim to make every county in Ireland ‘Age Friendly’. County Leitrim signed up to become an Age Friendly County in 2012 when the Chief Executive, Frank Curran committed to the process. In each county, the programme is managed by an Age Friendly Alliance group which is chaired by the Chief Executive and is made up of the key decision makers in the county including the CEOs of local partnership companies, the HSE, the Chief Superintendent of the Gardai and the Mayor. The full Alliance membership is listed in the appendices.

Essentially, the AFCC programme engages with organisations who are currently working with the community and looks to explore how they can better work together to maximise current resources to respond to the real issues for older people. To date, many initiatives have been established under the programme which has made a real difference to lives of older people in these communities.
Strategic Plan Developed with Older People, Not For Them

A key attribute of this Age Friendly strategy is that older people were central to devising the recommended actions. Through their responses and contributions gained during the consultation process, participants raised vital issues and solutions which will be vital to developing the plan further and setting the priority actions that will be implemented by the community and other relevant stakeholders.

This strategy presents a vision of the new partnership and is intended as a clear template for future improvements.
Mohill Age Friendly Town

Objective, Scope and Structure

This document outlines an innovative and strategic approach to try and improve the lives of all people in Mohill by addressing the needs of one of the most vulnerable groups in society, namely older people. The approach is built on the premise that "If you design for the young you exclude the old, but if you design for the old you include everyone.”

The overarching aim of the process is to make Mohill an ‘Age Friendly Town’, with all the key agencies and organisations working together to promote and maintain the best possible quality of life and health of older people and to make Mohill itself a great place to grow old in.

As part of the Desk Research for the Age Friendly Towns project, key stakeholders were identified in Mohill to form a local Steering Group. Contact was made with these stakeholders to inform them of the AFT project in Mohill and explain their primary role to assist either directly or indirectly in implementing actions within this strategy. (See Appendix for a list of key local stakeholders in Mohill). This local steering group in Mohill will aim to address the issues arising from consultation with older people over the short medium and long term.
Vision, Aims & Outcomes

Vision

To make Mohill a great place in which to grow up and grow old

Aims

The aims of the Age Friendly Towns Strategy are to:-

- Improve the quality of life of older people living in the area, particularly the ‘older’ old and the more isolated and lonely.
- Engage older adults in shaping and enhancing their communities for the benefit of everyone.
- Demonstrate the benefits of a multi-stakeholder planning approach, informed and supported by older adults.
- Learn ‘what works’ in this context and use the findings to inform better approaches to planning for older adults.

Outcomes

Nationally, nine outcomes have been identified as being important components to creating an Age Friendly Place.

Age friendly refers to a place where all of us as we age can:-

1. Lead healthier & active lives for longer
2. Stay living in our own homes and communities
3. Get to where we need to go, when we need to
4. Be enabled by the built and social environment
5. Feel and be safe at home and out and about
6. Have the information we need to live full lives
7. Be truly valued and respected
8. Participate in social, economic and public life
9. Continue to learn, develop and work
During the Mohill consultation process participants were asked to prioritise the outcomes by order of importance which will clearly define the most important issues in Mohill and to influence the development of necessary responses.

Four main outcomes emerged as priorities for the town;
1. Able to get to where they need to go when they need to (Transport)
2. Feel safe in their own homes and communities (safety and security)
3. Are supported to stay living in their own homes and communities (Housing and Audit)
4. Employment and civic participation (Business Development)
Methodology

Research & Geographical Mapping

Town Profile

Mohill is approximately 16 km north east of the county town of Carrick-on-Shannon. Mohill, or Maothail Manachain, is named for St. Manachan, who founded a monastery there as early as 500AD. The Monastery was taken over by Augustinians in the 13th century and was later closed in the time of King Henry VIII. The site of the settlement is now occupied by a Protestant church and graveyard, but ruins remain nearby of a round tower.

The town is built on a slope toward the Rinn River and is centred on a cross-road of the Main Street and the principal cross streets of Glebe Street and Hyde Street. Hyde Street is named for Douglas Hyde, first President of Ireland, whose father and grandfather lived on the street and who spent part of his childhood in the town. Mohill is closely associated with Turlough Carolan, the blind harpist, who lived in the town after his marriage.

Mohill was a busy vibrant business town with a mart, a large busy hotel, thriving social and business life unfortunately it has suffered badly in the current recession with many businesses closing down. Many of the main street buildings are now unoccupied.

Mohill Town and catchment area is well served by many services.

Mohill Family Life Centre which is based at Cannon O Donoghue Hall provides many services including the Active Age group, a second hand shop, a meeting place, exercise classes monthly dances and a fantastic hall for all community events. It also provides a yearly leaflet out lining all the contacts for activities and services in Mohill at a cost of €3.50 which is delivered to households in the area.

There are two pharmacies and one health centre with comprehensive primary care services.

A public health nursing service and day centre care service is available in the town alongside the long stay care home Aras Carolan in the centre of the town. There is a large crèche facility there are two primary schools and one large secondary school.
The LAPWD Leitrim Association of People with Disability provides services for the catchment area of Leitrim and has a bus that can now be offered for transport to older people at just the cost of fuel.

Older people living in Mohill tend to be concentrated in the mature residential areas in the town centre and to the marked in blue on the map. A large percentage of people are within a 10 minute walk of the main street, where the main services are currently located.

Mohill has a large busy mart that occurs once a month. An agricultural show is held in August each year.

The physical heritage is an important part of the town and surrounding landscape. The quality and abundance of natural heritage provides a high amenity value serving as a unique setting for the town. The appearance of the town is a matter of pride for its inhabitants, and Mohill has a very active tidy towns group and enters the national Tidy Towns competition yearly.

Underpinned by a well-developed road network and supporting infrastructure, the private car is the main mode of transport used to access the town. Car dependency is high in the town and its hinterland. Significant investment has been made in recent years by way of improvements in footpaths and easy access pavements. Visitors attracted by outdoor pursuits like fishing and walking are well catered for in Mohill.

Desk research of the area commenced in May 2014, in order to develop a profile of Mohill. Official sources, such as the Central Statistics Office (CSO) website, My Plan, Pobal, and Airo, were accessed and information was also provided by Leitrim County Council Planning and Community Development Departments. Other publically available sources, such as the National Transport Association (NTA), Rural Transport links and Iarnrod Eireann websites, will be used to glean background information on existing transport links and future road and rail connections.
**Demographic Profile and Area Defined**

The 2011 census shows that 32.7% of Leitrim’s population is 55 years and older.

Mohill has 32.3% of its population over 55

While the National is 11.3% over 55 years

(Figure 3 Mohill Boundary Map showing Electoral Division ED074)

The population of the Mohill ED is 1378 in 2011 a decrease of `0.9% since 2006.

<table>
<thead>
<tr>
<th>Spatial Scale</th>
<th>Total Population</th>
<th>Population 55-85</th>
<th>Population 55-85%</th>
<th>Hasse-Pratschke index</th>
<th>Dependency Ratio 2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Population</td>
<td>4581269</td>
<td>520.063</td>
<td>11.3%</td>
<td>0</td>
<td>49.3</td>
</tr>
<tr>
<td>Leitrim CY28</td>
<td>31,798</td>
<td>10,406</td>
<td>32.7%</td>
<td>-2.57</td>
<td>57.3</td>
</tr>
<tr>
<td>Mohill ED074</td>
<td>1378</td>
<td>442</td>
<td>32.3%</td>
<td>-9.61</td>
<td>40.6</td>
</tr>
</tbody>
</table>

<table>
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<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Leitrim</td>
<td>31,798</td>
<td>28,950</td>
<td>+9.84%</td>
<td>52</td>
<td>4289</td>
<td>1718 (40%)</td>
</tr>
<tr>
<td>Mohill</td>
<td>1378</td>
<td>1390</td>
<td>-0.86%</td>
<td>1459</td>
<td>254</td>
<td>127</td>
</tr>
</tbody>
</table>
Deprivation Index
Pobal Haase-Pratschke index Deprivation Index is a method of measuring the relative affluence or disadvantage of a particular geographical area using data compiled from various censuses. A scoring is given to the area based on a national average of zero and ranging from approximately -35 (being the most disadvantaged) to +35 (being the most affluent). Analysis of the Pobal HP Deprivation Index overall shows that Leitrim is below the national average with a score of -2.57 which means it is categorised as being marginally deprived and Mohill town is – 9.61 in 2011, an increase in 7.78 from 2006 when it was -1.93 categorised as being marginally deprived also.

Age Dependency Ratio
Dependency ratios are used to give a useful indication of the age structure of a population with young and old shown as a percentage of the population of working age (i.e. aged 15-64). The total dependency ratio is the sum of the young and old ratios. The total dependency ratio for the State increased to 49.3 in 2011 from 45.8 in 2006. This indicates approximately one young or old person for every two people of working age in Ireland. This is due to increasing births combined with people generally living longer, and is despite the fact that the number of persons of working age continued to grow, reaching over three million for the first time in 2011. Leitrim has the highest overall dependency rate at 57.3. In the Mohill area the overall dependency ratio within the boundary area increased to 67 in 2011 from 63 showing a similar rising trend to that of the State figures.

It is important to bear in mind that dependency ratios are a rather crude measure as variations occur over time due to the number of young people in third level education and people over 65 continuing to work.

The population pyramid shows at a glance how the population is structured in terms of males and females and the proportions of younger and older people and at each age in the Mohill town area. There are more women than men.
in most brackets except the 25 – 45 where there are more men. The young population between the ages of 15 -19 is well served by the large secondary school in the town

**Mapping Hard & Soft Assets**

The young population between the ages of 15 -19 is well served by the large secondary school in the town.

**Mapping Hard & Soft Assets**

**Figure 5 showing the population of Mohill of males and females by age**

The physical layout of Mohill is detailed in the profile map (Figure 3). It provides an inventory of the hard assets the buildings, the hospital, roads, car parks, parks, commercial centre and housing areas etc. and the soft assets the services the community centre services, health services and information services.

The Walking Route around Mohill starting and finishing at Mohill Family Support Centre in Cannon O’ Donoghue Hall.

Walking Route around Mohill starting and finishing at Mohill Family Support Centre in Cannon O’ Donoghue Hall.

Walking Route around Mohill starting and finishing at Mohill Family Support Centre in Cannon O’ Donoghue Hall.
Consultation

Consultation Methodology in Developing the Mohill Age Friendly Strategy

The basis for developing this plan came from consultation with older people in Mohill and key service providers who assist older people. The recommendations were established using four primary methods of consultation which include:

1. **On Street Consultation**
2. **Walkability Audit on the Physical Streetscape**
3. **Interviews with Key Stakeholders**
4. **Consultation with Older People**

**On Street Consultation**

There were over 34 On Street Questionnaires and self-filled Questionnaires filled out by people from Mohill. The results were analysed by theme and the results prioritised by the Steering group.

There were also consultations with business people and stakeholders in the town.

Questionnaires were filled out in the pharmacies, the nursing home the Leitrim Association of People with Disability (LAPWD) and Mohill Family Life Centre.

Over 20 questionnaires were filled out at Mohill Mart, this was to catch the older person living near the town that uses Mohill as its main place of business.

*Stand at Mohill Show 16th of June*
Stakeholder Interviews

Key stakeholders and service providers were identified during the course of the project and through profiling of services during the assets mapping of the village. This complimented the information gathered during consultations with older people throughout the consultation process. Semi-structured interview or phone conversations were undertaken during consultations with the identified stakeholders.

- Leitrim County Council
- Aras Caralan Day Hospital and Long Stay
- Nursing Homes
- Family Life Centre
- Mohill Business Owners
- Mohill Tidy Towns Group
- An Garda Síochana
- LAPWD
- Active Age Groups
- HSE Medical Centre/ Public Health Nurses
- Community Wardens

Walkability Audit

Over 18 people attended the walkability Survey on the 4th of June. It was a great turn out. We had two routes a short and longer one, a cup of tea and seven feedback forms were filled in at Canon O Donoghue hall.

Two routes were mapped out for the Walkability Survey. The volunteers came from various organisations LAPWD, the family support unit and the active age group and the local Crèche. Those who participated were a mix of local residents and other older persons from the surrounding areas and the volunteers had varying levels of mobility, which ensured a range of perspectives could be heard and documented. We had a person with hearing difficulties, a person using a stick, a wheelchair user and a person with a double buggy.
<table>
<thead>
<tr>
<th>Classification of participants by age and/or disability</th>
<th>Person (can include one or more type)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under age of 65 with no disabilities</td>
<td>4</td>
</tr>
<tr>
<td>Older person</td>
<td>7</td>
</tr>
<tr>
<td>Wheelchair user</td>
<td>1</td>
</tr>
<tr>
<td>Reduced mobility</td>
<td>3</td>
</tr>
<tr>
<td>Vision impairment</td>
<td>1</td>
</tr>
<tr>
<td>A person with hearing loss</td>
<td>1</td>
</tr>
<tr>
<td>A person with a double buggy</td>
<td>1</td>
</tr>
</tbody>
</table>

Training was provided for the volunteers prior to undertaking the survey. A presentation highlighting the reason for the survey, the survey questions recording, of answers and other relevant issues was presented and the volunteers then headed out to cover their designated routes.

Upon completion of the audit, an open discussion was then held to gather initial responses as a precursor to an analysis of the completed surveys. An informative discussion ensued amongst the volunteers about many issues that they had not noticed in their daily dealings within the town. Many interesting findings resulted, including that the town is walkable but there are issues for improvement. The following are some of the positive findings found from the Survey:

- Good availability of footpaths, which are continuous and generally in good repair apart from some localised issues
- Local drivers, who are familiar with the layout of the town, are generally good at yielding to pedestrians and allowing them to cross
- Parking spaces for the able-bodied are well catered for throughout
Initial consultation has highlighted issues such as loose paving on footpaths, lack of outdoor seating/rest areas and difficulty crossing at certain junctions. Lack of signage in certain areas was also of concern among older people.

Access to the Post Office was highlighted as causing concern the letter box is sited outside post office but leaves very little room for people to pass post office. Other issues included speed of traffic through the town and pedestrians access at Green Street and at Trean Mor.
Public Consultations

On-street consultations took places using a standardised questionnaire devised by the Age Friendly County Programme. The format of the questionnaire used statement style questions devised under each of the nine WHO themes/ outcomes (described previously) with options given to participants to answer: agree, disagree, don’t know or not applicable.

Consultations as part of the research took place in various locations in Mohill including the Community Centre the LAPWD various locations around the town including the post office the Day centre and Mohill Mart.

Data from the consultations and the walkability surveys were analysed and main issues for older people in Mohill were identified and outlined under each theme.

A second steering group meeting was held to facilitate decisions about what issues could be actioned and to identify stakeholder commitment to action.

<table>
<thead>
<tr>
<th>Key Dates</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>20/5/2014</td>
<td>First Focus Group Meeting</td>
</tr>
<tr>
<td>28/5/2014</td>
<td>Stakeholder Consultations</td>
</tr>
<tr>
<td>29/5/2014</td>
<td>On Street Consultations</td>
</tr>
<tr>
<td>11/5/2014</td>
<td>First Steering Group Meeting</td>
</tr>
<tr>
<td>4/6/2014</td>
<td>Walkability Survey</td>
</tr>
<tr>
<td>22/6/2014</td>
<td>Stakeholder Consultations</td>
</tr>
<tr>
<td>30/7/2014</td>
<td>Stakeholder Interviews</td>
</tr>
<tr>
<td>16/08/2014</td>
<td>Mohill Mart</td>
</tr>
<tr>
<td>18/11/2014</td>
<td>Second Steering Group Meeting</td>
</tr>
<tr>
<td>4/12/2014</td>
<td>4/12/2014 Launch of Mohill’s Commitment to be Age Friendly</td>
</tr>
</tbody>
</table>

Analysis of the results from participants established that the majority of those consulted liked living in Mohill.

Reoccurring positive aspects included:

- Good community spirit
- The great work done by the Tidy Village Group in making Mohill look so well
- The work and services and support from the Mohill Family Support Centre
Action & Implementation Plan

To get a comprehensive view of what Mohill is like to live in we first researched and defined the area then gathered all the information particular to Mohill, the mapping hard and soft, the socioeconomic data and population information. The data gathered from the surveys was then examined under the different themes and priority issues identified. In addition, the data from the walkability surveys was analysed and the main findings were presented to the Steering committee to prioritize the issues and develop programs and solutions to make Mohill a better place to live for the whole life course. The summary findings from the walkability survey and the Consultations are as follows:

**You’re Voice**

"More transport to take people out of their homes to shops and other places to mix with other people!"

"Nice clean town with good community."

"More seats, there is no public toilet or no coffee or tea facilities on Sunday or Monday!"

"Public transport designed for Older People!"

"The Tidy Towns do great work, the place looks great."

**Overview**

Mohill has a very good tidy towns committee that have done fantastic work in the town with planting and cleaning. The economic collapse has meant that there are many unsightly and abandoned buildings in the town. There is a one way system in the town that is not sign posted well. Cars travel quite fast in certain areas of the town and the town could benefit greatly from well-located pedestrian crossings and traffic calming measures.
Mohill is a rural town in County Leitrim and Transport is an extremely important issue for the people of Mohill. There is a need for older people in Mohill to get to where they want to go at the time that suits. There is only one bus a week to Enniskillen and one bus a day to Carrick on Shannon. There is also no bus shelter at the bus stop. There is a social car scheme in North Leitrim which is running well could something like this be rolled out in south Leitrim.
## Outdoor Spaces & Physical Environment

<table>
<thead>
<tr>
<th>Issue</th>
<th>Action</th>
<th>Timeline</th>
<th>Lead Organisations</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short-Term (0 - 1 Years)</strong></td>
<td><strong>80% felt that their homes could be easily adapted as they get older. What work needs to be done?</strong></td>
<td>3-6 months</td>
<td>Leitrim CoCo</td>
<td>Done</td>
</tr>
<tr>
<td></td>
<td>An assessment of housing needs and audit of current housing stock/ Audit and upgrade of existing older people’s homes.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Dog fouling and litter a problem</strong></td>
<td>0-6 months</td>
<td>Age Friendly Leitrim CoCo</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Investigate the possibility of providing free poop bags (in some county councils) at strategic locations CoCo Offices.</td>
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<tr>
<td></td>
<td>Cannon O‘Donoghue hall etc.</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Explore the option of TY year keep Mohill tidy and free of litter week.</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td><strong>Green Road on Left side heading to Ballinamore needs more lighting.</strong></td>
<td></td>
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<tr>
<td></td>
<td>Lighting needs to be reviewed at Knocklongford as it may not be bright enough. One way system needs signage.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td></td>
<td>Help residents to write letter to Investigate County Council plans for lighting and signage issues to be outlined in letter to council</td>
<td>0-3 months</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Medium-Term (2-3 Years)</strong></td>
<td><strong>Run down and vacant buildings in the town</strong></td>
<td>2-3 years</td>
<td>Leitrim CoCo Active Age Groups Mohill Business</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Examine Old Fever Hospital and Older buildings for potential resources for community /commercial use. Business.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Issue</strong></td>
<td><strong>Action</strong></td>
<td><strong>Timeline</strong></td>
<td><strong>Lead Organisations</strong></td>
<td><strong>Status</strong></td>
</tr>
<tr>
<td>---</td>
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</tr>
<tr>
<td>Traffic Calming and crossings there are a number of areas that could benefit from traffic calming measures in the town</td>
<td>Investigate County Council future plans for crossings at Treamnor which may have a subsequent knock on effect of slowing traffic coming from Carrick on Shannon past Cannon O’Donogue Hall</td>
<td>2-3 years</td>
<td>Leitrim CoCo</td>
<td></td>
</tr>
<tr>
<td><strong>Long-Term (3-5 Years)</strong></td>
<td>Planner to work with County Council to recognize walking routes and potential green spaces and people’s park in Mohill</td>
<td>3 years</td>
<td>Leitrim CoCo Mohill Community Networks</td>
<td></td>
</tr>
</tbody>
</table>
### Transportation

<table>
<thead>
<tr>
<th>Issue</th>
<th>Action</th>
<th>Timeline</th>
<th>Lead Organisations</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short-Term (0 - 1 Years)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Transport is an extremely important issue for people of Mohill | Planner to work with new transport agency/ rural transport to investigate opportunities for improving Age Friendly transport in Mohill | 12 months | TUS  
Bus Eireann  
Local Taxi  
Rural Transport schemes | To do |
| Need for more bus services, only once a week to Enniskillen and once a day to Carrick | All transport can be mapped and then reviewed to assess needs/ gap analysis. Help older adults to investigate the possibility of extending the Social Car Scheme to South Leitrim and to look at age friendly taxi scheme. Planner to help Older people to lobby politicians to see if free travel be extended to cover selected Taxi drivers county wide Planner to disseminate information on LAPWD bus that can be used for transport to Hospital appointments etc. at a cost of fuel. | 6-12 months | AFI Planner  
TUS  
Bus Eireann  
Local Taxi  
Rural Transport schemes  
TUS | To do |
## Transportation

<table>
<thead>
<tr>
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</table>
| **Medium-Term (2-3 Years)** | Planner to liaise with Leitrim County Council and ADSHELL  
This is a longer term action as we first need to get the Age Friendly transport for Mohill up and running |                                               | Community have decided to wait on rural transport decisions before pursuing this.. | To do           |
| Bus Shelter            |                                                                        |                                               |                                                                                  |                 |
## Own Homes & Communities

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<tbody>
<tr>
<td><strong>Short-Term (0 - 1 Years)</strong></td>
<td>The community text Alert group would be reactivated. Explore new regional arrangement whereby local text alert groups share information enhance coverage and effectiveness</td>
<td>Public Meeting Dec</td>
<td>Garda Mohill Community Text Alert Group</td>
<td>Done</td>
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<td>64% are not happy with the Garda presence in the town</td>
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<tr>
<td>55% worry about being a victim of crime</td>
<td>Look at the provision of Personal alarms delivered by POBAL</td>
<td>6-12 months</td>
<td>Mohill Family LIFE Centre</td>
<td>Avialable?</td>
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<tr>
<td>Mohill to act as a pilot area for the roll out of Crime Ambassador initiative</td>
<td></td>
<td>6-12 months</td>
<td>Age Friendly Rep Local Garda</td>
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## Social, Economic & Public Life

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<td>Short-Term (0 - 1 Years)</td>
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<tr>
<td>70% said a drop in centre would be a benefit (Mohill Family Life Centre) 59% of people surveyed found it was not a problem to find out about services and entitlements they are eligible for. There is a need for a drop in place in town for people to get information and to simply have somebody to talk to. Something that gives people a reason to get out of the house.</td>
<td>Development of an Age Friendly Library that also acts as an information point and a place where people can get support for issues such as online forms and accessing grants. Investigate option of using one of the empty buildings on the main street for a drop in Centre? Could Mohill Family Life Centre fills this role perhaps? Planner to work with library to look at opportunities to get older adults to assess current premises and make recommendations. Advertisement and promotion of citizens advice outreach to be included in community contacts leaflet distributed widely to increase awareness of this information service</td>
<td>6-12 months</td>
<td>Age Friendly Rep Mohill Library Citizens Advice Mohill Community network</td>
<td>To Do</td>
</tr>
<tr>
<td>48% consulted felt the town did</td>
<td>Creation of a diary of all clubs and</td>
<td>0-6 months</td>
<td>Mohill Family</td>
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<tr>
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<tr>
<td>not have enough clubs and societies to participate in. There is a lack of awareness about the current clubs and societies in town</td>
<td>societies in the town including details of how to join, key contact people etc. Look at what already exists in town and build on this.</td>
<td></td>
<td>Support Community Network Age Friendly Rep.</td>
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</tr>
<tr>
<td>Volunteerism is becoming increasingly hard. There is too much pressure on the few volunteers who seem to do everything</td>
<td>Planner to explore the opportunity of getting someone to co-ordinate volunteering in the town</td>
<td>6-12 months</td>
<td>Age Friendly Mohill Community Network</td>
<td>To Do</td>
</tr>
<tr>
<td><strong>Medium-Term (2-3 Years)</strong></td>
<td>To use the new business focus group to develop an age friendly business programme in the town</td>
<td>0-6 months</td>
<td>Age Friendly Planner Mohill Business Community Rural Transport Organisation</td>
<td>To Do</td>
</tr>
<tr>
<td>51% said the town has not got all the shops and services that they need Many people were saddened by the loss of local businesses in the town and the subsequent lack or reduction in employment in the town Plenty of people pass through the town i.e. for pensions, to chemist but very few stay. EG on Friday it is estimated that nearly 500</td>
<td>To do research to identify what shops local people feel are missing from the town and what it is that drives them to shop elsewhere. What would encourage them to stay in Mohill? Work with rural lift and other transport providers to explore opportunities for allowing people more time to shop in Mohill</td>
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<td>people use the pharmacy, but only around 100 of these choose to stay in town to shop. The current transport provision only allows people a short amount of time in Mohill</td>
<td>Look at developing a network between businesses in town i.e. spend €10 in X and get a free coffee in X</td>
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# Information to Lead Full Lives

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<tr>
<td>Poor knowledge of transport links to nearby towns</td>
<td>Publish and promote in all newspapers and local shops all existing transport routes.</td>
<td>0-6 months</td>
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<tr>
<td>48% consulted felt the town did not have enough clubs and societies to participate</td>
<td>Creation of a diary of all clubs and societies in the town including details of how to join, key contact people etc. Look at what already exists in town and build on this.</td>
<td>6 months</td>
<td>Mohill Community Network and Age Friendly Rep.</td>
<td>To Do</td>
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## Healthier & Active Lives for Longer

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<td>75% are able to access good quality GP care but 57% of people consulted thought healthcare costs were a problem</td>
<td>Mohill Family Life Centre in conjunction with local groups and the HSE will continue to promote positive health through the development of its community garden and links with Roosky (in future this can be linked to any walkways that are developed locally and to proposed Greenway from Mohill to Belturbet) Monitor complaints regarding availability/accessibility of the local GP service and the performance of out of hours service</td>
<td>6-12 months</td>
<td>Local Group HSE Age Friendly Rep</td>
<td>To Do</td>
</tr>
<tr>
<td>Some clients felt reduced day hospital hours were a problem for clients and their families</td>
<td>Address what was understood to be a short term reduction in hours at the day hospital by making presentation to the HSE</td>
<td>0-6 months</td>
<td>Mohill Family life centre Local Families</td>
<td>To Do</td>
</tr>
<tr>
<td>Social isolation and a lack of participation in activities can affect health outcomes for people</td>
<td>Investigate role out of Social Prescribing Pilot for Mohill Social Prescribing is an exciting new programme which enables participants to take up an activity or interest which has a positive impact on their health and wellbeing. People are referred to a Social Prescribing Co-ordinator by their GP, other clinician or themselves and a Co-ordinator helps them to identify an option and supports them to</td>
<td>12 months</td>
<td>Age Friendly Rep HSE</td>
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<td>take up that activity. There is ongoing evaluative research which has shown this to have a positive effect on people’s health and wellbeing</td>
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Appendix

Results from Walkability Surveys and Consultations

1. Walkability Survey Mohill

Eighteen people with various abilities including the seven required personas took part in a walkability survey in Mohill on the 11th of June 2014. Starting from Cannon O Donoghue Hall there were two routes through the town.

Types of Personas
(wheelchair user, double buggy, a person with hearing loss, a person with vision impairment, a person with reduced mobility)

Distilled Results from Walkability Survey (Using Survey Monkey)

1.1 Footpaths

Review and better provision of some footpaths not wide enough and loose bricks occasionally

- Priests Lane and Chapel Lane footpath stops
- Paving at the O’ Carolan monument is uneven
- The footpath at Post Office and Hunt School is too narrow, occasional uneven cobbles on footpaths at Glebe, Chapel, Main and Hyde Streets
- Carrols Corner and main crossroads corners (Post Box protruding on to path)
- Only one side of Hyde Street is wheelchair accessible due to parked cars
- Resurface footpath at the corner of junction at National School and Upper Main Street (slip events)
- Post Box comes out on to footpath and limits accessibility

1.2 Crossing Points

- Need traffic calming review outside National School
- Blind spot at Canon O Donoghue Hall and some form of crossing for pedestrians and review traffic from church to community centre re: the need for calming measures as cars speed around corner.
- Crossing Pelican required at r Treanmor and Priest lane junction
- At the back of church better footpaths and access and crossing are required for pedestrians
- Footpaths and lighting along Green Road and traffic calming measures and pedestrian crossing from Green Road into Water street
- Flexi cones at schools
- Traffic very fast through town traffic light where traffic calming measures were suggested

1.3 Parking
- Parking required close to Bank
- Reduce double parking
- Bicycle parking required for schools and town perhaps

1.4 Signage
- Signs generally good
- One way system not signed
- Signs for parking required opposite Post Office,
- Signs in bad condition and hidden behind shrubbery (Aras Carolan)
- No signs for Library, Recycling Centre and Car Park

1.5 Visual Environment and Landscape
- Good generally, planting by Tidy Towns very good, but Hotel sad looking
- Dog droppings a problem and litter at lunch hour,
- Vacant buildings - Ivy tree and Clarkes Hotel, no green spaces,
- No park for walking
- River needs dredging and cleaning
- Facilities easily reached
- Age Friendly business - Credit union
- Potential for improvement Bank, Post office, Health Centre (railings)
- No Public Toilets
- Seating good at Health Centre - need more around the town at junction Water Street, Knock Longford, extra seat in middle of town, O’Carolan monument and in the bank

1.6 Transport
- An important issue for people of Mohill seems to be transport
- All transport links need to be mapped and then reviewed to assess needs/ gap analysis
- No bus shelter, need for more bus services, only once a week to Enniskillen
- Review rural bus services.

1.7 Lighting
- Green Road on Mart side, from Hall to Traenmore road needs better lighting
- Castle Street and bottom steps of Cappagh have overgrown trees.

2. Consultation with Residents of Mohill
   On street questionnaire and self-filling questionnaires results

Mohill Age Friendly consultations included information from 41 people who filled out either an on street or a self-filled questionnaire in Mohill over the past three months in the following locations, Active Age Group meetings, Aras Carolan Day Care Centre, Mohill
Distilled Results from Consultations (using Survey Monkey)
The findings include the following
- 39% live in town 61% visit and use town regularly
- 70% health was good to excellent 20% fair or poor
- 78% rated quality of life good or very good 20% neither good nor bad and only 2% poor
- 78% rated health care access good although 58% think healthcare expensive
- 80% think there is a good sense of community
- 80% think that their homes can be easily adapted as they get older
- 68% disagreed with the statement that public transport gets them where they need to go and 41% were unhappy with the standard of bus stops
- 48% are unhappy with the number of public benches and rest areas in the town
- No public toilets in the town came up as an issues on occasions
- 55% worried about being a victim of crime and 64% are unhappy with the Garda presence in the area,
- 82% have used services like the Library or Citizens Information Service to find information in the past year and 75% of respondents used the internet but 12% did not use internet
- 51% of respondents in Mohill felt the town did not have most of the shops and services they needed
- 70% thought a drop in centre would be a benefit (Canon O Donoghue hall may facilitate this perhaps)

Mohill Age Friendly Town Steering Group

Tina Mc Loughlin  Mohill Family Life Centre
Maire Mc Gettrick  HSE
Maeve Mc Dermott  HSE
Mary Conboy  HSE
Bernie Donoghue  Leitrim Development Company
Sinead Conefrey  Leitrim Citizens Information Service
Anita Doherty  Mohill Active Age
Una Duffy  Mohill Community College
Francis Nugent  Irish Farmers Association
Bridie Mc Intyre  Mohill Community Network
Thomas Mulligan  Mohill Community Network
Kieran O Beime  Mohill Community Text Alert
Mary Mahon  Mohill Community Network
Peadar Flynn  Mohill Community Text Alert
Seamus Mimnagh  Garda Siochana
Rose Keegan  Mohill Irish Countrywomen’s Association
Patricia Flanagan  Leitrim Older Peoples Council
Jacintha Collreavey  Director Cand D Medical Hall
Mary Flanagan  Mohill Post Office
Irene Casey  Mohill Community Network
Helen Faughnan  Leitrim Development Company
Rosaleen Kielty  Leitrim Association of People With Disabilities
Catriona Tighe  Leitrim Association of People With Disabilities
Denise Boyne  Leitrim Association of People With Disabilities
Vivienne Egan  Leitrim County Council Senior Executive Planner
Micheal Flynn  Leitrim County Council Senior Executive Engineer
Gerry Doyle  Leitrim County Council Accessibility Officer
Gerry Doherty  Leitrim County Council Programme Development Officer
Catriona Tighe  Leitrim Association of People With Disabilities
Denise Boyne  Leitrim Association of People With Disabilities
Vivienne Egan  Leitrim County Council Senior Executive Planner
Micheal Flynn  Leitrim County Council Senior Executive Engineer
Gerry Doyle  Leitrim County Council Accessibility Officer
Gerry Doherty  Leitrim County Council Programme Development Officer
Caroline Bradshaw  Age Friendly Ireland

Leitrim Age Friendly County Alliance Board

Frank Curran  Chief Executive  Leitrim County Council
Martin Dolan  Director of Service  Leitrim County Council
Damien Mc Callion  Sligo Leitrim Area Manager  Health Service Executive
Michael Clancy  Chief Superintendent  An Garda Siochana
Seosamh Mac Donncha  Chief Executive Officer  Mayo Sligo Leitrim Education and Training Board
Donal Fox  Chief Executive Officer  Leitrim Development Company
Joe Lowe  Head of Local Enterprise  Leitrim Local Enterprise Office
Eamon O Shea  Professor of Gerontology  National University of Ireland Galway
Francis Nugent  Regional Representative  Irish Farmers Association
Sinead Conefrey  Development Manager  Leitrim Citizens Information Service
Sarah Wetherald  Regional Consultant  Age Friendly Ireland
Patricia Flanagan  Chairperson  Leitrim Older People’s Council
Bridget Fitzpatrick  Vice-Chairperson  Leitrim Older People’s Council